

ENJOY LEARNING:  
EMBRACE CHALLENGE!



# South Darley C.E. Primary School

9th January 2024

Dear Parents

## **Sex and Relationship Education for Year 5/6**

During our science lessons this term and in line with our Sex and Relationships policy, the children will be studying plants and animals including humans. As part of this we will be looking at sexual reproduction in both plants and animals. This will involve looking at conception and the growth and development of the embryo in mammals. As well as this during our PSHE sessions we will be finding out about puberty. There will be particular reference to the physical, psychological and emotional changes which take place. To reinforce the class work we do, we will be using the Usborne books 'What is happening to me?' and 'Growing Up for Boys' and Girls'.

During the Summer Term Year 6 will have further sessions to follow on from this. These will be delivered by myself or Mrs Feeney. During these sessions we will also be addressing issues of online safety, and the challenges children face as they grow up, using age-appropriate materials provided by the NSPCC.

We are prepared to answer questions the children may have but we will do this in a sensitive age-appropriate way. Be prepared for questions they may have for you too! If you have any concerns about these lessons or would like to look at the materials, then please contact school.

Yours Sincerely

Mrs Worth

KS2 Teacher



Contact us: South Darley CE Primary School, Cross Green, Matlock, DE4 2JT Tel: 01629 732240  
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